



# Sacred Heart Catholic Primary School

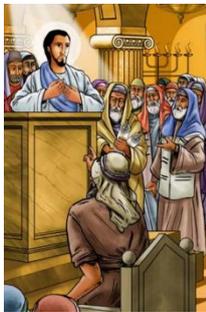
Earlsbury Gardens, Birchfield, Birmingham B20 3AE  
Tel: 0121 356 4721 email: enquiry@sacredheart-sch.net  
Executive Principal: Mr. G M O'Hara

29th January 2021

Dear Parents,

It's important to have good teachers; the teachers of Sacred Heart have been called for this special vocation- it is not just a job. However, parents are the first and foremost educators of their own children – other family members and friends can also teach about what really matters in life. But who can really teach us about the best way to live? Jesus stood out as a teacher because he taught with authority and power. In this Sunday's Gospel, Jesus demonstrates this through the amazing healing of the man in the synagogue.

**“Lord, open my heart, mind and ears to receive your Word.”**



Jesus and his followers went to a town called Capernaum. When the sabbath day came, Jesus went into the Jewish meeting place, the synagogue, and began to teach. Everyone was astonished because Jesus, unlike their other teachers, taught with real authority. While he was teaching, Jesus was interrupted by a very sick man who started to shout wildly and whose body was trembling and shaking. So Jesus paused and healed the sick man in full view of the people. They were amazed and said to each other, “Here is a teaching that is new and with authority behind it.” The news about Jesus quickly spread through the surrounding countryside.

*Adapted from Mark 1:21-28 The 4th Sunday of Ordinary Time, Year B*



*“Jesus is a teacher of truth and life who shows us the way that leads to happiness.”*  
Pope Francis

**The Wednesday word is  
Teacher**

**Prayer of the Week- by Yakob Binyam Year 6**

Our world  
Use it well  
Right and just like God

We pray for the world  
One beautiful world  
Really we should be  
Let us pray  
Do what is right

To pray for the world.  
The one God made





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## Feel-Good Friday

We have been overwhelmed with the beautiful photographs we have been sent of the children taking some time to concentrate on their mental health, well-being and to spend time with their families. Please keep them coming!



## Children's Mental Health Week- 1<sup>st</sup> February

Around three children in every primary school class has a mental health problem, and many more struggle with challenges caused by a huge number of issues.

This year's theme is **'Express yourself'**. Expressing yourself is about children finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good.

It's important to remember that being able to express yourself is not about being the best at something or putting on a performance for others. It is about children finding a way to show who they are, and how they see the world, that can help them to feel good about themselves.

Next week, for Children's Mental Health Week, we will be encouraging children (and adults) to explore the different ways we can express ourselves, and the creative ways that we can share our feelings, our thoughts and our ideas. See this link for some ideas to take part in at home.

<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>





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## Dress up Fridays

As part of our well-being and focus on Children's Mental Health week, we would like all children, whether they are in school or at home, to dress in the most colourful clothes they can. We would love you to encourage your children to do this each Friday and send some photographs as part of 'Feel Good Friday.'

## E-Safety

Please can we remind all parents that as part of our remote learning policy, parents are required to be mindful of online safety while children are using digital devices- this includes the safe use of phones. There are a number of children in school who currently have access to a number of social media platforms. As parents, it is your parental responsibility to ensure that your child is safe online and using devices in a kind manner towards others. Children from Year 2 upwards are taught about the impact of their digital footprint as part of our E-Safety responsibility in school. Please be aware that all primary school children are under the suggested age limits for the following social media platforms. The age limits are as follows:

- **Age 13 years and above**  
Own YouTube channels  
Tik-Tok, Facebook, Snapchat, Twitter and Instagram
- **Age 16 and above**  
WhatsApp

## Certificates this week

The following children have been commended by their teachers and teaching assistants for their wonderful work at home this week. Sokhna, Chiamaka, Sarina, Efrata, Injacio, Malaki and Ayaan.

## Raffle tickets winners

All staff have been adding raffle tickets to their jars for children's effort at logging on at home and 'turning in' work where they can. Congratulations to these children. Savannah, Vhenice, Justus, Zinhle, Abena, Lydia and Sarwa.

Congratulations children- we will make sure you receive your certificate or your £5.00 raffle treat. Please continue to support and encourage your children to earn their raffle tickets for a chance to win the special prize each week. (Children will receive raffle tickets for completing work- not for purely logging on to Google Classroom.)





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Some amazing work from the children at home this week.  
Thank you for your continued support with your child's learning.

## Year 6 PSHE

### How does your family make you feel?

1. My family helps make me feel wanted wherever i am with them. My family make me feel happy and safe.

**Charis**

**Amir**

My family makes me feel loved

**Troy**

My family make me feel loved and cared for

**Mailis**

My family makes me feel comfortable and not lonely.

**Ben**

My family makes me feel loved and welcomed.

**Deborah**

My family makes me feel loved and warm inside.

**Ayaan**

## Year 2 Computing- Impressionism



## Year 3 Science



## Year 6 Art



Thank you for your support.  
Please stay at home and stay safe

Yours sincerely

Mr G M O'Hara  
Executive Principal

Mrs G Elliott  
Acting Head of School

Mrs D Cooper  
Acting Vice Principal

