



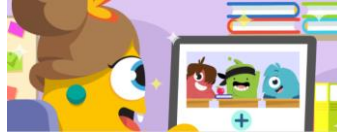
Sacred Heart Catholic Primary School

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Top tips for home schooling



Keep to routines

Make sure you keep to usual bedtimes and waking up times so children understand that they need to get up ready to learn.

Keeping active

Give your child regular breaks and make sure they are keeping active. Not sat in front of screens for long periods.

Patience

Sometimes they might just not get it! Be patient and be positive. If your child is struggling or does not understand, stop and start again later. Try not to be too hard on them - or yourselves.

Help videos

Look at the school website for videos recorded by Mrs Elliott to help support you with Google Classroom and turning work in.

Timetables

Use the timetables set by teachers as a guide to planning your child's day.

Sharing devices

The government has recommended approximately 3 hours of home learning for primary children. If you have more than one child, allow one to take a break while the other does their work.

Relaxation

Home learning is tiring. Allow children some time to play, read or listen to the stories recorded by teachers.

Finally...

We are here to help you as we are all learning our way through this together!

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