

PSHE & Citizenship Policy

Rationale

Citizenship is about empowerment, relationships, rights and responsibilities.

PSHE (Personal, Social, Health Education) is about helping children to develop mutual respect and support for each other. It encourages them to make informed decisions about issues discussed and supports the learning of life skills.

Personal, Social and Health Education (PSHE) and Citizenship enable children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

We believe in the importance of acknowledging and understanding feelings – both our own and those of other people – and how this relates to positive mental health and personal and social skills.

We work with parents and the broader community to empower our children with the knowledge, skills, attitudes and values required to:

- become confident and effective members of a modern, multicultural and technological society
- take control and be responsible for their own lives
- fulfil their potential

Aims and Objectives

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.

Organisation

SEAL

Social, Emotional Aspects of Learning (SEAL) is used as a whole school approach. This gives opportunity to explore and understand our own and one another's feelings.

Each half term a different SEAL topic is explored

- New Beginnings
- Uncomfortable Feelings & Anti-Bullying
- Feels Good
- Falling Out & Getting On
- Going for Goals
- Changes

Each topic begins with a whole school assembly. The theme is then followed up in class, culminating in a shared assembly at the end of the half term.

Circle Time

All classes experience Circle Time giving the children the opportunity to share feelings and explore issues.

RE Curriculum

Through the teaching of our Catholic Faith the children learn about the uniqueness of each of us as part of God's creation and through His love how to value the dignity of each individual.

Science Curriculum

Much of our Health Education Work is incorporated into the Science Curriculum – and is effectively delivered by class teachers. Many areas of our Health Education work are enhanced by the support of external agencies.

Use of External Agencies

A range of external agencies are used to enhance our PSHE Curriculum

- Community Police
- Fire Service
- Life Education Centre
- Theatre in Education Groups
- School Nurse
- Dietician
- Nutritionist
- Sports Coaches
- Tesco – Business Education Partner

School Council

A new School Council is elected each July from our Year 5 pupils, following a 'campaign' and a secret ballot.

The new council take up their roles the following September. This Year 6 model of School Council works particularly well in giving the older children the beginnings of a real understanding of democracy.

The Councillors meet with their respective classes on a regular basis to seek their ideas, opinions and concerns. The School Council meets at least twice a half term and gives presentations in assemblies.

Class Councillors

Each class also elects a class councillor to strengthen the opportunity for children's views to be expressed. The class councillor can take ideas and concerns forward at a class level and also communicate these with their school councillor.

Extra-Curricular Opportunities

We recognise the importance of these in building confidence and self-esteem.

Charity

All of the children are involved in fund raising for our specially chosen charities. We regularly donate to:

- CAFOD
- Father Hudson's Society
- The Rwanda Project
- The Fireside Centre

Other needs and charities are often highlighted by the School Council with the children responding to world circumstances.

Monitoring & Evaluation

The PSHE and Citizenship subject leader, in conjunction with the SLT is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

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